



GUIDING GOOD CHOICES

is a workshop for parents of children 9-14 who want to strengthen family bonds and reduce the risk factors associated with teenage drug use:
offered by **McInerney Parent Services**

***Workshop, meal, childcare, and transportation provided
at no cost***

Five evenings from 5:00-7:30 PM at Conte Community School
200 West Union Street, Pittsfield

Dates and topics:

*3/10/10 Getting Started: How to Prevent Drug Use in
Your Family*

3/17/10- No class

*3/24/10 Setting Guidelines: How to Develop Healthy
Beliefs and Clear Standards*

*3/31/10 Avoiding Trouble: How to Say No to Drugs
(children from the ages of 9-14 attend the group)*

*4/7/10 Managing Conflict: How to Control and Express
Your Anger Constructively*

4/14/10 Involving Everyone: How to Strengthen Family Bond

***Contact Ilana Kind, MSW at 413-281-9807 to register
McInerney Parent Services***

